



**Yellow
Fever
Vaccination
Centre**

New FREE NHS Blood Pressure Service Available at Ben Crest Chemist!

In a bid to keep the nation healthy and aware of the health risks caused by high blood pressure, the NHS is now offering FREE blood pressure checks at participating pharmacies in the UK.

Ben Crest Chemist is proud to offer this free service as part of its commitment to the local community and customers are welcome to pop in for this walk in service during standard opening hours.

Free to anyone aged 40 or above, the simple test is non invasive - just an inflatable sleeve popped over the arm and the pressure checked to take a reading. It only takes a few minutes but can alert you to high blood pressure, which can be indicative of heart disease leading to a heart attack or stroke if not managed with lifestyle changes or medication.

It is particularly important to check your blood pressure as often there are no symptoms when it is higher than normal. Our fully trained staff can check your levels and may advise a GP appointment if necessary.

The British Heart Foundation estimate that high blood pressure is the cause of over 50% of all heart attacks and strokes in the UK. Make sure you take advantage of this free service to ensure you and your family remain fit and well in the year ahead.

OPEN 6 DAYS A WEEK Monday - Friday: 9am - 6pm, Saturday: 9am - 2pm

We Dispense NHS & Private Prescriptions | Professional Lifestyle & Healthcare Advice
Wide Range of Over the Counter Medicines | Traditional Remedies
Stockists of Premium Beauty Brands | Delivery Service Available



BENCREST
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